Introduction
An Acquired Brain Injury (ABI) can be caused by a road accident, stroke, brain haemorrhage, infection, tumour, or blow to the head, amongst other things. We have tried to include agencies and services that you may find helpful. Some of these are specifically for people with a Brain Injury and others are more general services.

If you need any help in finding the nearest service to you, call us on 1890 200 278, Monday to Friday, 9 - 1 and 2 - 5.

Brain Injury Specialist Services

Headway, various locations

Unit 1-3 Manor St. Business Park, Manor St., Dublin 7. Tel: 01-810 2066, National Helpline: 1890 200 278
info@headway.ie, www.headway.ie

Headway services include brain injury rehabilitation, psychology, psychotherapy & counselling, day rehabilitative services, rehabilitative training, community integration, employment support, and transition to work.

We have services in Cork, Dublin, the South East, Kerry & Limerick. We also provide support, information and group sessions for people with a brain injury, carers and family members, and professionals. We can give information & confidential support anywhere in the country through our low-cost telephone number: 1890 200 278, and our website: www.headway.ie.

Acquired Brain Injury Ireland (various locations)

Tel: 01-2804164, www.abiireland.ie

This organisation provides community-living, neuropsychology, and a home-based rehabilitation service to people with brain injuries. They also have Case Managers in a number of counties, who help co-ordinate the services the brain injured person needs, where possible, and a Resource Worker for the West / North West.

BRI – Independent Brain Injury Support and Advocacy

Tel: 01 2355 501, info@briireland.ie
www.briireland.ie

BRI run brain injury support & advocacy groups in many counties.

Quest, Galway, Mayo, Roscommon

9A Liosban Business Park, Tuam Road, Galway. Tel: 091-778850
www.questbraininjury.com

This service provides rehabilitative training, and outreach to people from Galway, Mayo & Roscommon.

HSE Day & Outreach Service, Co Tipperary

Acquired Brain Injury Rehabilitation, 14 Hillside Close, Clonmel, Co. Tipperary Tel: 052 6180990

This centre provides rehabilitative programmes for people with a brain injury from Carlow, Kilkenny, South Tipperary, Waterford and Wexford. Their aim is to help people to live more independently.

HSE Regional Adult Acquired Brain Injury Services (South East)

Our Lady’s Hospital Campus, Cashel, Co. Tipperary.
Tel: 062 70484

This team provide a rehabilitation service to people with brain injury in Carlow, Kilkenny, South Tipperary, Waterford & Wexford. They have a Key worker and an Occupational Therapist.

HSE Physical & Sensory Disability Services, Donegal

Acquired Brain Injury Team, Unit 2 Pearse Road, Letterkenny, Co. Donegal. Tel: 074 9124519

This team consists of a Key Worker, an Occupational Therapist and has input from a Psychologist. Their goal is to optimise recovery following a brain injury and to support the person’s independence in their home, social life, and work life.

North West Services for People with Acquired Brain Injury, Sligo

Sligo / Leitrim Physical & Sensory Disability Services, JFK House, JFK Parade, Sligo. Tel: 071-9135001

This community based team provide a range of rehabilitation services for people with brain injuries in Leitrim, Sligo and West Cavan.

Galway Head Injuries Support Group, Galway

c/o Quest, 9A Liosban Business Park, Tuam Road, Galway. Tel: 091 768168, galwayhisg@gmail.com
www.galwayheadinjury.com

This group provide support, information & counselling to families of people with brain injury in Galway.
National Rehabilitation Hospital (NRH), Dublin
Rochestown Avenue, Dun Laoghaire, Co. Dublin. Tel: 01-2854 777 www.nrh.ie

The NRH provides intensive rehabilitation for children and adults with brain injuries, both as in-patients and out-patients. They also have rehabilitation training unit for adults and a school for children. Your GP can refer you as an out-patient even if you haven’t been a patient before.

Volunteer Stroke Scheme, various locations
249 Crumlin Road, Dublin 12. Tel: 01-455 9036, www.strokescheme.ie

This service provides a number of supports to people who have had a stroke and their families.

Baggot Street Stroke Unit
Stoke Rehabilitation Unit, Baggot Street Community Hospital, 18 Upper Baggot Street, Dublin 4. Tel: 01 6699373 , www.stokerehabunit.ie

This is a HSE out-patient unit for adults of all ages. It offers occupational therapy, speech & language therapy, and physiotherapy, to people who have had strokes or brain haemorrhages. Your GP or consultant can refer you.

Residential Services - for Acquired Brain Injury
Acquired Brain Injury Ireland, various locations
43 Northumberland Avenue, Dun Laoghaire, Co. Dublin. Tel: 01-280 4164 www.abiireland.ie

This service provides assisted living through a residential service in a number of locations throughout Ireland. Call them or visit their website to get more information.

Cherry Orchard Hospital, Dublin
Lisbri Unit, Cherry Orchard Hospital, Ballyfermot, Dublin 10. Tel: 01-6206157

This service offers 24 beds to people who have a physical or sensory disability. An application form (available from the hospital) must be submitted by your GP.

RehabCare - Galway, Mayo & Roscommon
C/o Rehab group, Roslyn Park Sandymount, Dublin 4. Tel: 01-2057200 www.rehab.ie

This service in Galway provides an assisted living residential service for people with ABI in Galway, Mayo & Roscommon. They also have a transitional living unit which can be a stepping stone to full independence.

HSE Transitional Living Unit, Co Tipperary
“Sli Eile” 17 New Toberaheena, Clonmel, Co. Tipperary. Tel: 052 6180489

This service has three rehabilitation places for people with ABI and acts as a stepping stone towards more independent living.

St. Mary’s Hospital, Dublin
Phoenix Park, Dublin 20. Tel: 01 6250 300

This service provides long-stay residential places for people with brain injuries. It also has a Stroke Unit.

The Royal Hospital, Donnybrook
Morehampton Road, Donnybrook, Dublin 4. Tel: 01 4066 600 www.rhd.ie

This service provides residential & rehabilitation services to people with brain injuries. They also have a transitional living unit as a stepping stone towards full independence.

Peamont Hospital, Dublin
Newcastle, Co. Dublin. Tel: 01 6010 300

Peamont hospital provides long-term residential accommodation, some post-acute care, and rehabilitation to people brain injuries, and others.

St. Doolagh’s Park, Dublin
St Doolagh’s Park Care & Rehabilitation Centre, Malahide Road, Balgriffin, Dublin 17. Tel: 01-8477950 www.guardianhealthcare.com

This private service offers residential care to people with brain injuries.

Hamilton Park Care Facility
Hamilton Park Care Facility, Balbriggan, Co. Dublin, Tel: 01 6903 190 email: info@hamiltonpark.ie, www.hamiltonpark.ie

This private service offers residential care to people with brain injuries.

Redwood Extended Care Facility, Co. Meath
Redwood Extended Care Facility, Stamullen, Co.Meath
Tel: 01-8412660 Fax: 01-8418400

This residential facility provides assessment, treatment and rehabilitation service. It has a specialised neuro-behavioural rehabilitation unit for people with acquired brain injuries and significant behavioural challenges.

Information and Support Helpline
1890 200 278
Mon-Fri (9am to 5pm) www.headway.ie
**Services for People Affected by Acquired Brain Injury**

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**Other Residential Services**

**Cheshire Ireland, many counties**

Tel: 01 297 4100, info@cheshire.ie  
www.cheshire.ie

**Irish Wheelchair Association Housing Support Service, Dublin**

Tel: 01-8186 400  [www.iwa.ie](http://www.iwa.ie)

The IWA Housing Support Service is based primarily in Dublin. It provides information on housing for people with mobility difficulties.

**Nursing Homes Ireland**

Web: [www.nhi.ie](http://www.nhi.ie)  
Tel: 01 429 2570

This is a representative organisation of private and voluntary nursing homes. They can give you a list of nursing homes, and have a useful checklist of what to ask if choosing one.

**Brain Injury Training and Community Support Services**

**Headway, various locations**

1-3 Manor St. Business Park, Manor St., Dublin 7  
Tel: 01-8102066  
[www.headway.ie](http://www.headway.ie)

Headway provides supported employment services and back to work programmes in centres in Dublin, Cork and Limerick.

**Acquired Brain Injury Ireland**

43 Northumberland Avenue, Dun Laoghaire, Co. Dublin  
Tel: 01-2804164  
Web: [www.abiireland.ie](http://www.abiireland.ie)

This service is in many counties. It provides people with a Rehabilitation Assistant who will work with the person in their own home to support them in dealing with the difficulties that may arise as a result of their brain injury.

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**RehabCare, Galway, Mayo, Roscommon**

c/o Rehab group, Roslyn Park, Sandymount, Dublin 4.  
Tel: 01-2057200, Web: [www.rehab.ie](http://www.rehab.ie)

In Galway, Mayo & Roscommon, RehabCare provide support workers in the community specifically for people with brain injuries.

**Other Work, Home Support and Advocacy Services**

**FÁS**

27-33 Upper Baggot St., Dublin 4.  
Tel: 01-6070500, Web: [www.fas.ie](http://www.fas.ie)

FÁS can assist you to return to work or to re-train in a different area. FÁS can also link you to a Supported Employment Agency which works with people with a disability.

**HSE Occupational Guidance Service**

Phone the HSE’s info line on 1850 24 1850 to get the number for your Local Health Office. The Local Health Office will put you in touch with the Occupational Guidance Service in your area.

The **Occupational Guidance Service** provides anyone who has a disability with information, advice and support to identify training and work that suits their needs. The service is free and confidential. It is available to anyone aged between 18 and 65 years of age.

**National Advocacy Service for People with Disabilities**

Tel: [www.citizensinformationboard.ie](http://www.citizensinformationboard.ie)

This independent service can assist you overcome difficulties gaining your full rights and entitlements.  
Dublin Tel: 01-4056-482,

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**Centre for Independent Living (CIL)**

Carmichael House, North Brunswick St., Dublin 7  
Tel: 087-30455  
[www.dublincil.org](http://www.dublincil.org)

This service provides personal assistance in a range of locations throughout Ireland.

**Irish Wheelchair Association Assisted Living Service**

Tel: 01-8186 400  
Web: [www.iwa.ie](http://www.iwa.ie)

IWA’s Assisted Living Services provide personal assistants to people with a physical or sensory disability. The services are provided in the home.

**Family and Carer Supports**

**The Carer’s Association**

Tel: 1800 2407 24  
info@carersireland.com  
[www.carersireland.com](http://www.carersireland.com)

Provides phone support, training and local support groups to family carers.

**Caring for Carers**

2 Carmody Street Business Park, Ennis, Co. Clare.  
Tel: 065-6866515  
[www.caringforcarers.org](http://www.caringforcarers.org)

This organisation provides support groups and advocacy for family carers to promote the health and well-being of carers, and those they care for.

**Headway**

1-3 Manor St. Business Park, Shea’s Lane, Manor St., Dublin 7  
Tel: 1890 200 278  
[www.headway.ie](http://www.headway.ie)

Headway provides education, family member support groups and one-to-one counselling for family members.

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**Information and Support Helpline**

1890 200 278  
Mon-Fri (9am to 5pm)  
[www.headway.ie](http://www.headway.ie)
Other Support Services & Groups:

Citizen’s Information Service
Tel: 1890 777 121, information@citizensinformation.ie, www.citizensinformation.ie
Contact this service to find out what your entitlements are, where to apply, and what your local services are. They also run the Citizen’s Information Centres nationwide.

The HSE (Health Services Executive)
Call the HSE on their information line 1850 24 1850. info@hse.ie, www.hse.ie.
They will be able to give you the number for your local Public Health Nurse, Primary Care Team or Disability Manager. They should be able to assist you to access any local HSE services, or other services.

Association of Occupational Therapists in Ireland
Tel: 01 6337222, info@aoti.ie www.aoti.ie
If you contact them, they will be able to give you the names of private occupational therapists in your area.

Chartered Physiotherapists in Private Practice
Tel: 053 942 3610, mary.doran@cppp.ie www.cppp.ie
If you contact them, they will be able to give you the names of private physiotherapists in your area.

Irish Association of Speech and Language Therapists
Tel: 085 706 8707, info@iaslt.com www.iaslt.ie
Contact them for the names of private speech & language therapists in your area.

Irish Association for Counselling and Psychotherapy
Tel: 01 272 3427, iacp@iacp.ie, www.irish-counselling.ie
If you contact them, they will be able to give you the names of accredited private counsellors and psychotherapists in your area.

Psychological Society of Ireland
CX House, 2A Corn Exchange Place, Poolbeg Street, Dublin 2. Tel: 01-4749160 www.psihq.ie
This is the professional body for psychologists in Ireland and can help you locate a private psychologist.

Brainwave - The Irish Epilepsy Association
249 Crumlin Road, Dublin 12. Tel: 01-455 7500 www.epilepsy.ie
This group provides information, support, and groups to people with epilepsy and their families. They also have an Epilepsy Nurse Helpline.

Brain Tumour Support Groups
Tel: 1800 200 700, helpline@irishcancer.ie www.cancer.ie
The Irish Cancer Society can put you in touch with a brain tumour support group if you live in Dublin, Cork or Galway. You can go to a support group if you have a benign or malignant brain tumour. The Irish Cancer Society also have a Helpline, and provide information, counselling and support services for cancer patients and their families.

Meningitis Trust
Community Services Nurse, Tel: 01 845 9488 support@meningitis-trust.ie www.meningitis-trust.ie
The Meningitis Trust offers information, a 24-hour nurse-staffed Helpline (1800 523 196), professional counselling and bereavement support, home visits, one-to-one contact with others affected, and Family Days.

Meningitis Research Foundation
Tel: 01-819 6931 Free-phone: 1800 413344, helpline@meningitis.org, www.meningitis.org
This service provides information and support for people with meningitis through a 24 hour telephone helpline.

Encephalitis Ireland
73A Pembroke Lane, Ballsbridge, Dublin 4. rc@tjc.ie www.encephalitisireland.ie
This service provides information and support for people after encephalitis.

Aware
Tel: 1890 303 302, info@aware.ie, www.aware.ie
This group provides support to people with depression & their families through a Helpline and support groups around Ireland.

The Irish Heart Foundation – Stroke Support
Tel: 1890 432 787, info@stroke.ie www.stroke.ie
Get information and support about stroke, and stroke support groups.